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## BOOK GUIDE

Note: Authors or publishers having works of merit for the Naturopathic profession, may have them reviewed in these columns by sending the books to Dr. A. R. Hedges, N.D., 389 So. Central Avenue, Medford, Ore.

*The Birth of a Science* by Albert L. Wahl, M.D., Bessie L. Rehwinkel, M.D., and Lawrence Reilly, A.B., D.D.; new and revised edition of 320 pages, illustrated and cloth bound. Price \$3.00 postpaid. Published by The Lutheran Research Society, Inc., Box 3381, Jefferson Station, Detroit 14, Michigan.

"The Birth of a Science" is a strange book. It does not uphold the principles and ideas of the predominating school of medical thought, but promulgates a philosophy derogatory thereto.

Dr. William Koch's discoveries in science mark the beginning of a new era in scientific thought.

His interest and research in chemistry lead to the development of new principles in medicine.

This book is said to be the most popular book published on the Koch treatment. It consists of two parts. Part one deals with the history, development and philosophy of the Koch therapy. Herein is mentioned the persecution of Dr. Koch and the doctors using his treatment. It portrays the obstacles a newly developed science must overcome, because of bigotry, selfishness, greed and intolerance within allopathic professional ranks. If these utterances are correct, they stand as a disgraceful blight upon the profession he had so hoped to advance.

"The Birth of a Science" should be read by every physician and layman in the country, that he may the better be made acquainted with the methods and tactics used to prevent development not in accord with the prevailing thought.

Part two deals with case histories of Tuberculosis, Cancer, Anterior Poliomyelitis, and Pus Infections, respectively.

These case histories are well documented by numerous reproductions of laboratory and hospital reports as well as X-rays and other pictures.

Much value in the way of general knowledge may be gained from analytical perusal of these case his-

tories. The physician will find this part engrossing and enlightening, if interested in these conditions.

As well as setting forth the various types and methods of asperision and persecution of Dr. Koch and his physician adherents, the book expounds the philosophy of a new therapy. His philosophy is basically naturopathic. Dr. Koch, admitting bacterial produced toxins, is not interested in killing the bacteria but in stimulating a normalization of bodily chemistry by the use of the Koch catalyst.

The name of this book is well chosen, for it is the history of the travail of new ideas, based upon chemical research and proved in practice, fighting their way into a world of allopathic dogma which opposes ideas not of its own making.

*Wheat Germ*, by Christopher Johnson; 48 pages. Price 85 cents postpaid. Ideal Health Books, Inc., 30 West 36th street, New York 18, N. Y.

In this little book is found the story of the wheat germ—the miracle food—and its relation to the maintenance and restoration of the body to health. It is rich in Vitamin B, especially thiamin, and is a rich source of the essential Vitamin E in the wheat germ oil.

This little book is packed with vital information as to the value of the wheat germ and its oil in conditions related to the heart, liver and gall bladder, pancreas, the difficulties of women such as menopausal conditions and premature and abortive births, the nervous and muscular systems, as well as those of the glandular structures.

In addition to these vitamins, the presence of mineral elements in the wheat germ is also stressed.

Authoritative references of research work are mentioned, giving their results. The wheat germ is a vital nutritional substance, and reading "Wheat Germ" will make you alive as to its value for the various conditions of your patients.

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